



Welcome Form

Welcome to Te Kauwhata Health Centre. Please feel free to use this to help us learn a little about you, and what is important to you in healthcare. We will treat information completed here with our usual confidence. Please see www.tkhealth.co.nz for more information.

Our vision is 'a healthier community.' We aim to work alongside you to help you and your family access high quality healthcare. We believe in Best Practice, Clear Communication, Care with Compassion with a Community Focus. We hope this shines through.

Name		Preferred pronoun?
DOB		
Phone Number	Might this have changed from last time you were here? Please help keep our records current.	
Access	Have you a disability or other reason that might affect your ability to access our service? Remember lots of consults are now telehealth or email. Is there anything we could do differently to help you access our service?	
Languages you speak		Will you require the services of an interpreter? We can arrange for an interpreter. Try Google Translate to help with documents in the surgery.

What is important for you in your local health service?

"It is important for me to see the same Dr/Nurse each time."

"It is less important who I see, as long as I receive a timely and quality service"

"It is important that I know the Dr/Nurse will be available if I become unwell"

When you contact us (by email to reception@tkhealth.co.nz / www.tkhealth.co.nz / phone 07 826 3499) **please let us know if you have a new or worsening illness or injury** – our aim is to see everyone unwell that day, or the next day. **In an emergency please still dial 111.** Out of hours (evenings and weekends), please consider **Anglesea Urgent Care** or [Patientplus](#) / [Ka Ora](#) for telehealth care.

Please book a **routine appointment** for everything else. We encourage you to book this 4 weeks in advance. When you leave your appt, ask the GP/NP/Nurse when you should book your next review. You can choose your preferred GP/NP in these pre-bookable appts – we recommend following through an active problem with one Prescriber, and if you are a regular do get to know at least 2 of us. **We all like continuity of care.** Rest assured we make good notes and work closely as a team so another GP/NP should be able to carry on with your care.

Is there anything **important we should know about your health? Ongoing medical conditions or previous surgery?**

Please list any **medicines, supplements or Rongoā Māori** you take to support your health.

Tell us what you do to **actively promote your health and wellbeing?**

How do you like to make your health decisions?
“I prefer the Doctor or Nurse tells me what to do”
“I prefer to informed about my medical condition and have the option to discuss management or treatment options with the team”

We tend to work in partnership with patients, with informed consent and informed decision making at the core of our practice. Please let us know if we can tailor to your needs.

Fees. We are a pay as you go service. If fees are becoming a barrier for you, might you be eligible for WINZ Community Services Card (CSC) or WINZ Disability Funding? Bring your WINZ number with you. Talk to reception about an automatic payment. We understand it can be challenging and have reduced rates for CSC card holders.

Results. We recommend registering for Manage My Health – you will see your test results online and can ask the GP/NP for comment. We will phone and/or text with abnormal results – please make sure your phone number is up to date on our records. We will not routinely contact you with normal results. Check with your GP/NP/Nurse/Phlebotomist if you have Q?

Consults. A GP/NP/Nurse consult is usually for 15 minutes. This includes time for medical note keeping. If you think you may have a lot to cover please consider booking a double appointment. A consult typically sees one of 3 types of work completed. Medical advice, Prescription or Referral. Referrals will attract an additional charge if completed outside the standard consult time.

Repeat Prescriptions. Most medications require annual review, consider booking it in your Birthday month! Check with GP/NP when you should have you next check – usually 6 or 12 months if stable. If you are on more than 5 medications you may require 3 monthly medication review.

Power of Attorney & Advance Care Plan

Have you made your will and legally nominated a Power of Attorney to make decisions for you in the event that you become incapacitated? This is important for all adults, whatever their age. Have you made and Advance Care Plan? Please discuss with the team if you have Q?

