



NEWSLETTER

WINTER 2024



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12 Main Road, Te Kauwhata, 3710



Monday – Friday 08:30AM – 05:00PM

'WORKING WITH YOU TOWARDS A HEALTHIER COMMUNITY'

As we move into winter, we can expect to see more respiratory illnesses in the community. Please book in to be reviewed if you are concerned, we continue to run our daily acute assessment list and have same day capacity to see patients with cough, cold and flu symptoms. These consults are held at the back of the practice, where you will be called in from your car. Please continue to look after yourselves and your whānau during the winter season.

We still have appointments available for booking your flu vaccines. Please give us a call or email to make your appointment.

If you are acutely unwell, please ring or email as early as possible to be put onto the daily assessment list and we will endeavour to fit you in with a same day appointment. For your own health and safety, for acute unwellness please do not use ManageMyHealth to get in touch as we may not see this in a timely manner. Once our "same day" appointments are full, we may refer you to Urgent Care/After Hours. For virtual care, we have two options:

We have members of our Prescriber team going on leave over the coming months, which may mean that your preferred Prescriber is not available to book an appointment with over their time on leave. Please be assured our team work closely together, and are able to access any information needed to provide care on behalf of their colleagues when they are away.

1. Ka Ora Telehealth – www.kaora.co.nz or 0800 252 672
2. Practice Plus Telehealth – www.practiceplus.nz or 0800 772 2758

We know a lot of people are interested to hear the outcome of the tale of Dr Robin's "missing" cat...and we're delighted to advise that after Merlin stowed away in the car and was unknowingly delivered to Meremere – she has found a new home there where she is well loved and Dr Robin has been able to visit her and we're all delighted to hear how happy she is in her "forever home" after blessing us for a short time as our surgery cat.

For your routine non-acute appointments, we are often booked several weeks in advance. Keeping this in mind, please contact us early to book in for appointments such as ACC/WINZ extensions, Driver's License Medicals, Repeat Prescriptions and routine follow ups.

A small learning bite from one of our medical students earlier this year, as we often see children with ear pain and possible ear infections:

As always, we thank our patients that show us patience, kindness, and compassion. Your well-being is our priority, and we appreciate the trust you place in us. If you have any questions or need assistance, please don't hesitate to reach out. We look forward to continuing to care for you and your loved ones.

We also thank our patients who are happy to see our medical students. Thank you for being a part of their development and playing a role in teaching our future healthcare professionals!

In 80% of children with middle ear infections, symptoms will spontaneously resolve within three days, and 90% of children will have resolved ear pain within seven to eight days without the need for antibiotics!