



12 Month Prescription Agreement

From February 2026 you can discuss with your GP/NP Prescriber whether **you might be eligible for a 6 or 12 month prescription**. Your medical conditions will need to be stable and your medications ones that are not controlled medications and do not require close monitoring. We hope this helps you manage your health and medications more smoothly! **You will need to make an in-person consultation for annual (12 month) prescription** (consider booking in your birthday month!)

- I have read the 12 mth prescribing information leaflet [☐]
- I understand the 12 mth prescription is a shared decision between me and my GP/NP [☐]
- I understand that if there is any change to my type or dose of medication I need to contact the Health Centre and the Pharmacy to arrange a new 3 month prescription [☐]
- I understand that I will need to use the same dispensing pharmacy and that medications will still only be dispensed 3 monthly [☐]
- I agree to the following check-in schedule (nurse, BP, bloods) [☐]

2026 Jan	July	2027 Jan
Feb	Aug	Feb
Mar	Sept	Mar
Apr	Oct	Apr
May	Nov	May
June	Dec	June

Signed

_____ Patient _____ Prescriber