

-Te Kauwhata Health Centre

Newsletter Oct'19 – Jan'20

Phone 07 826 3499

Email reception@tkhealth.co.nz

www.tkhealth.co.nz

'working with you towards a healthier community'

Winter is over and summer is not far off! Please remember to book appts for **Travel Clinic** well in advance, and take precautions in the sun :) Thank you for working with us over a busy winter season. You may notice that we have **changed some processes**. Thank you for your patience as we develop these new systems

Booking Review

If you are seriously unwell with **chest pain, shortness of breath, severe pain, or light headedness** please tell reception when you book.

If you have a **new medical condition, feel unwell, or feel you require same day review** please **phone in the morning and advise reception**. You will be called by the Clinical Team for a quick discussion and either offered advice, or invited in for assessment with the nurse and GP. We are doing this so you can be **confident that our enrolled patients will be seen same day/ next day according to clinical need**.

Unfortunately this has caused our routine appointments to fill up. Please continue to plan ahead and book appointments in advance particularly when you require follow-up for an ongoing condition or for renewal of WINZ/ACC forms.

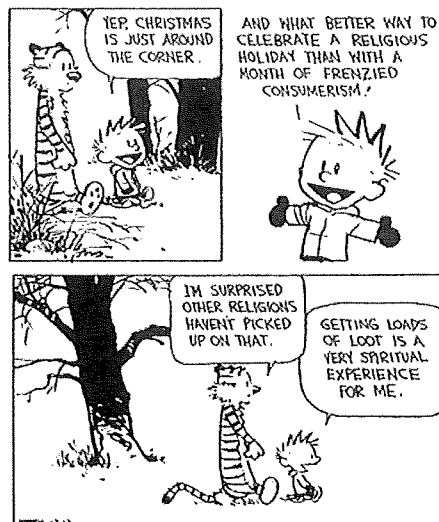
We have GP and Nurse appointments from **8.30am till 4.30pm Monday to Friday**. Appts start from 9am on Wednesday to allow for medical education. We have **GP appointments until 6.15pm on Thursday evenings**.

Cervical Screening

Congratulations to our winner of \$100 of vouchers as part of September cervical screening month.

Measles

Please follow the link on our website for more information. We are following Ministry of Health and Waikato DHB guidelines in our management of cases, contacts and prioritisation of immunisation. Please contact nurses@tkhealth.co.nz if you have further questions



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Christmas Holidays

Please take note of our holiday opening hours. We will be
Open December 23rd – 24th
Closed December 25th – 29th
Open December 30th - 31st
Closed January 1st – 5th
Open January 6th as per usual

Please make every effort to get your repeat medications before the holiday season

Anglesea Clinic is our preferred 24hr A&M provider 07 957 4947

Physiotherapy

Tim and his team from **North Waikato Physio** are here 4 days a week. Ph 07 828 9854.

Phlebotomy

We run a **Pathlab** service from **8-12.30 and 2-3pm** daily. Please try and complete routine blood testing Monday to Thursday mornings so lab results can be processed in a timely manner. **Urgent bloods only on a Friday please.**

Podiatry

Step-Up Podiatry are here alternate Wednesdays. Call 0800 111 224.

Dentist

Alfred and his team run **Te Kauwhata Dental**. See www.tekauwhata.dental for more information or call 07 826 4557 / 027 214 0877

Mental Health

Bobi and Fran offer a weekly counselling service at the **Community House**. Referral via GP, or 07 8264303

Repeat Prescriptions

Requests will be processed and be available the next business day. Same day scripts will incur an additional \$5 surcharge.

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If our service is great, or if you see ways in which we could do better please take the time to fill in a feedback form on our website. We appreciate your help in developing a high quality and accessible health service. Please also look out for (and like) posts from [@tkhealth.co.nz](https://www.facebook.com/tkhealth.co.nz)