## **Newsletter April 2020**

## www.tkhealth.co.nz

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What a challenging couple of weeks this has been for New Zealand!? We remain grateful to everyone following the Governments advice and working together to reduce the risk of harm to our communities from COVID19.

At Te Kauwhata Health Centre you will have noticed significant changes. This is at the direction of Ministry of Health and the RNZCGPs recommendations so that we do not inadvertently become spreaders of COVID19. The changes include providing consultation over the phone and remaining physically distanced where possible. These are to keep us safe and to keep you safe and well. Thank you for your understanding and patience with all these changes.

We have one team in the surgery available to see people who need to be seen – please contact us via Manage My Health, or website www.tkhealth.co.nz (the pink button) or on the phone – it is no longer possible to just 'drop in.' Please use the internet where possible and keep our phoneline free for those who do not have access to computers. One team is working remotely so that if we get illness in one team, the other team can step in. This does mean you won't be able to 'book' the same way with your usual doctor, however we are very fortunate to have a team of high quality and compassionate GPs and we are committed to maintaining a high quality GP service in Te Kauwhata and Meremere during this time. Please do let us know what we are getting right, and what we can do better on our website www.tkhealth.co.nz/feedback-complaint

Thank you to Angela and the team at the **Pharmacy** who have worked enormously hard to get people medications – please give them time if your medications are not a same day script. We are also working closely with **Aparan**gi and other organisations in town to ensure we have a 'joined up' approach to this pandemic. We will be phoning to check in on some individuals or families that may be vulnerable, or have practical needs – **Community House** is still available on the phone 07 826 4303 to direct people to resources to assist with practical or social needs.

We would like to welcome our new Practice Manager, Jo Mako – she has joined at an enormously challenging time. We look forward to working with her in this new climate of considerable change in how healthcare is delivered in our communities.

A big thank you to all our staff for stepping up at this time, and to you for practicing, physical distancing, regular hand hygiene, kindness and for being mindful of your neighbours needs. Thank you for helping us and adapting so quickly to all these changes. Like never before we

are all of us and each of us working to keep our community healthy.

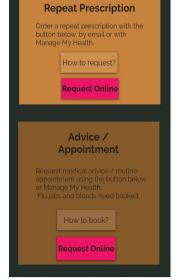


For international SIMs call +64 9 358 5453

Our new website tools

## Online Payments

Our bank account details are
01-0450-0008835-00 We appreciate your prompt payment. Please talk to us if internet banking isn't an option for you.



## **Important Information**

- Please don't come to the Practice without speaking to us first.
- Consults will be by phone, unless you are invited for face to face review with GP or Nurse.
- Please allow TK
   Pharmacy 1 week
   for routine
   prescriptions and
   call them on 07 826
   3827 before
   collecting.
- If you or someone you know needs support please contact; Te Kauwhata Community House on 07 826 4303 or 027 519 8887 or email

tk.disc@xtra.co.nz

- Waikato Civil
   Defence and
   Emergency
   Management 0800
   800 405 for those
   facing hardships
- Flu jabs are available for those who are eligible – please book appt via email or the pink button.